

Week one

29/04 20/05 17/06 08/07 09/09 30/09 21/10

Monday

Choose a main meal... on the side...
 Tomato & Mozzarella Pizza with Jacket Wedges^v Broccoli
 Chinese Style Veggie Noodles^v Sweetcorn
 for dessert...
 A Selection of Sandwiches & Loaded Jacket Potatoes Mango Frozen Yoghurt with Fruit Slices*

Tuesday

Choose a main meal... on the side...
 Chicken & Potato Bake Green Beans
 Veggie Pasta Bolognese**^v Mediterranean Vegetables
 for dessert...
 A Selection of Sandwiches & Loaded Jacket Potatoes Pineapple & Peach Crumble* with Custard

Wednesday

Choose a main meal... on the side...
 Roast Turkey with Roast Potatoes & Gravy Carrots
 Sweet Potato & Chickpea Roast^v with Roast Potatoes & Gravy Cabbage
 for dessert...
 A Selection of Sandwiches & Loaded Jacket Potatoes Flapjack with Fruit Slices*

Thursday

Choose a main meal... on the side...
 BBQ Beef Meatballs with Wholegrain Rice** Sweetcorn
 BBQ Sweetcorn Stack^v (Layered Tortilla Bake) with Wholegrain Rice** Roasted Seasonal Vegetables
 for dessert...
 A Selection of Sandwiches & Loaded Jacket Potatoes Brownie Cake with Banana*

Friday

Choose a main meal... on the side...
 Golden Cod Fish Fingers or Salmon Fish Fingers*** with Chips Peas & Carrots
 Vegetarian Hotdog^v with Chips Baked Beans
 for dessert...
 A Selection of Sandwiches & Loaded Jacket Potatoes Berry Chill* (Fruits of the Forest Mousse)

Week two

06/05 03/06 24/06 15/07 16/09 07/10

Choose a main meal... on the side...
 Vegetable Supreme Pizza**^v with Pasta Salad Sweetcorn
 BBQ Quorn Burgery^v with Pasta Salad Peas
 for dessert...
 A Selection of Sandwiches & Loaded Jacket Potatoes Banana & Apricot Flapjack*

Choose a main meal... on the side...
 Pork Sausages with Creamed Potato Roasted Peppers & Sweetcorn
 Vegetarian Sausages^v with Creamed Potato Baked Beans
 for dessert...
 A Selection of Sandwiches & Loaded Jacket Potatoes Pear Upside Down Cake* with Custard

Choose a main meal... on the side...
 Roast Chicken with Roast Potatoes & Gravy Cabbage
 Cauliflower & Creamed Corn Bake^v with Roast Potatoes Carrots
 for dessert...
 A Selection of Sandwiches & Loaded Jacket Potatoes Fruit Slice*

Choose a main meal... on the side...
 Pasta Bolognese** Broccoli
 Mild Chickpea Curry^v with Wholegrain Rice** Sweetcorn
 for dessert...
 A Selection of Sandwiches & Loaded Jacket Potatoes Oatie Biscuit with Fruit Slices*

Choose a main meal... on the side...
 Crispy Battered Fish (Crispy Battered Pollock) with Chips Peas & Carrots
 Baked Beans
 for dessert...
 Baked Bean & Cheese Wrap^v (Folded Tortilla Wrap) with Chips Strawberry Frozen Yoghurt with Fruit Slices*

A Selection of Sandwiches & Loaded Jacket Potatoes

Week three

13/05 10/06 01/07 02/09 23/09 14/10

Choose a main meal... on the side...
 Mac 'N' Cheese^v (Macaroni Cheese) Peas
 Vegetable Korma^v with Wholegrain Rice** Mediterranean Vegetables
 for dessert...
 Fruity Apricot Bar*

Choose a main meal... on the side...
 Chicken & Sweetcorn Pizza with Pasta Salad Roasted Summer Vegetable Medley
 Cheesy Bubble & Squeak^v Sweetcorn
 for dessert...
 A Selection of Sandwiches & Loaded Jacket Potatoes Crunchy Chocolate Biscuit with Fruit Slices*

Choose a main meal... on the side...
 Roast Pork with Roast Potatoes & Gravy Carrots
 Quorn Roast^v with Roast Potatoes & Gravy Cabbage
 for dessert...
 A Selection of Sandwiches & Loaded Jacket Potatoes Blueberry Frozen Yoghurt with Fruit Slices*

Choose a main meal... on the side...
 Beef Burger with Jacket Wedges Broccoli
 Vegetable Lasagne^v with a Herby Bread Wedge** Sweetcorn
 for dessert...
 A Selection of Sandwiches & Loaded Jacket Potatoes Apple & Berry Crumble* with Custard

Choose a main meal... on the side...
 Golden Cod Fish Fingers with Chips Baked Beans
 Sweet Potato & Chickpea Burger^v with Chips Peas & Carrots
 for dessert...
 A Selection of Sandwiches & Loaded Jacket Potatoes Chocolate Shortbread with Fruit Slices*

All our milk is Red Tractor approved



WE BUY 95% of our seasonal vegetables direct from British growers



ALL OUR BEEF is from THE UK OR IRELAND

FRESH SALAD

IS AVAILABLE ON A DAILY BASIS

REDUCING OUR CARBON FOOTPRINT

OVER 30%

of our products are transported by vehicles that run on biodiesel

Self Serve Salad Bar & Fresh Home Baked 50/50 Bread available daily
 Fresh Fruit or Yoghurt and a choice of Organic Milk, Fruit Juice & Cold Water served daily *Fruit Based **Wholegrain ***Oily Fish ^v Vegetarian
 If your child requires or needs a special diet or allergen menu, please speak to your catering manager or contact us



WE SUPPORT 82 BRITISH DAIRY FARMS



We only use Lion Quality British Eggs

FARM TO FORK We can trace every cut of meat back to the farms of origin

ALL OUR BREAD IS FRESHLY BAKED EVERY DAY

ALL OUR BANANAS ARE FAIRTRADE

